

# **OUTPATIENT CLINIC**

## **TELEHEALTH**

### **SERVICES**

PLEASE CALL 716 828-9651  
TO SCHEDULE YOUR TELEHEALTH APPOINTMENT

- **INDIVIDUAL SESSIONS**
- **CRISIS SESSIONS**
- **FAMILY SESSIONS**
- **LINKAGE TO OLP/CFTSS-X7550**

**IF YOU HAVE FAMILIES THAT MAY BE STRUGGLING WITH THE STRESSORS OF COVID-19 PLEASE REFER THEM TO ONE OF OUR EXPERIENCED CLINICIANS WHO CAN ASSIST WITH:**

- **CALMING ANXIETY IN UNCERTAIN TIMES**
- **EASING CHILDREN'S FEARS DURING COVID-19 CRISIS**
- **PROVIDE TIPS ON HOW TO STAY MENTALLY HEALTHY WHILE SOCIALLY DISTANCING**
- **PROVIDE SUPPORT AND TIPS ON STAYING RESILIENT IN THE FACE OF A CRISIS**